

APS
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METRO CHAMPIONSHIPS

2013-2014
TRACK & FIELD
ALBUQUERQUE

METRO

CHAMPIONSHIPS



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2013-2014 TRACK & FIELD GENERAL INFORMATION

Sport: Boys and Girls Track & Field Championships

Dates: Thursday May 1: Field Events/Running Prelims:
Boys @ Wilson—Girls @ Milne
Friday May 2: Field Events/Running Finals:
Boys & Girls @ Milne

Site: Boys and Girls teams will be separated for prelims at each stadium on a yearly rotating basis. Boys and Girls teams will be combined for finals at Milne Stadium each year.

Directors of

Event: Metro Championship Director: Ron Warren
Track & Field Meet Director: Ed Drangmeister
Track & Field Meet Referees: Tom Drangmeister
Buddy Robertson

Admissions: **Day Wristbands:**
Adults \$5.00 Students (with ID) & Senior Citizens: \$5.00

APS Passes: All APS issued passes and punch cards will be valid for this tournament. Punch cards will be punched every time a spectator exits and re-enters at an event.

Teams:

Albuquerque	Cibola	Del Norte	Eldorado
Highland	Alb. Academy	La Cueva	Cleveland
Manzano	Rio Rancho	Rio Grande	Sandia
Atrisco Heritage	Valley	Volcano Vista	West Mesa
Sandia Prep	St. Pius X		

Entries: No changes in heats and lanes will be allowed, athletes must compete as assigned.

A mark must be shown for each competitor entered, UNLESS this is his/her first varsity competition. If no mark is given, the contestant will be placed in the slow heat.

ALL ENTRIES THROUGH DIRECT ATHLETICS
DEADLINE: WEDNESDAY, APRIL 30, 2014, 9:00AM MST.

AFTER SEEDING IS COMPLETE, COACHES WILL ONLY BE ALLOWED TO SCRATCH—NO ADDITIONS.

Entries—Relays 1 entry Individual events 3 entries

Schedule: Heats Meeting 3:00pm each day
See attached schedule of events for weigh in and event times.



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Scoring:

In the field events each individual will be allowed 3 preliminary trials, best 8 finishers will advance to finals for 3 more trials. Best of 6 trials will determine final position.

Individual running events/relay events—when 2 or more heats are contested in 800 meters and up or a relay event, final places for scoring will be determined by times.

Relays—10-8-6-4-2-1

Individual—7-5-4-3-2-1

Guidelines:

AN ATHLETE CAN COMPETE IN ONLY THE JV CITY OR VARSITY METRO CHAMPIONSHIPS (NOT BOTH).

In the relay events all runners should report to their stations according to the time schedule, only the lead runners need report to the Clerk of the Course. Each runner should be aware of his/her lane assignment and the time schedule, and shall be ready at the time of the Starters signal. If special instructions are necessary, runners will be instructed via the PA system.

PLEASE BE ALERT.

No event will be held up for late arrivals. It is the coach's responsibility to inform all contestants of the time schedule.

PROTEST—In the case of a mechanical or rule question, a written protest must be given to the meet referee to be acted upon. In the case of judgment calls no protest will be allowed. Do not come on the field. ONLY head coaches may make a protest.

Starting

Heights:

High Jump: Boys—TBA, Girls—TBA

Pole Vault: Boys—TBA, Girls—TBA

Minimum Marking Distances will be in effect for Long Jump, Triple Jump, Shot Put, Discus, and Javelin at 75% of the State Qualifying Mark in each respective event.

Athletic

Trainer:

An athletic trainer will be available each day at each facility.

Officials:

Meet officials at each site will be provided by APS Athletics. Prelims and Finals will be Fully Automatic Timed.

Hospitality

Room:

Hospitality room for all coaches, officials and administrators will be provided at Milne Stadium on Championship Friday from 2:00pm-4:30pm. Food and drinks will be provided by Dion's and Pepsi. Location will be posted at site.



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Awards: Participation awards will be given to each team at Thursday Prelims.

Metro Championship Medals/Blue Championship T-shirts for 1st place in individual events as well as recognition of 2nd and 3rd place finishers will take place according to the attached awards schedule. Recognition will take place on the Championship podium at midfield.

Eric Groebner Memorial 800 Relay Award
High Point Boys and Girls (Steve Baksa Award)

Metro Championship Travelling Trophy will be awarded to the girls champion and the boys champion immediately following the conclusion of scoring at Milne Stadium. Blue Championship T-shirts will also be awarded to winning teams following the conclusion of scoring. It is the expectation of the APS Athletic Department that **all teams and coaches** will remain for the duration of the award presentation demonstrating the values of "Sportsmanship. It's Up To You" and the APS Athletic and Activity Code of Conduct.

Please see the attached Award Schedule.

**Contact
Information:**

Metro Championship Director	Ron Warren, wk: 878.6169 e-mail: warren_r@aps.edu
Track & Field Meet Director	Ed Drangmeister, wk: 878.6164 e-mail: drangmeister@aps.edu
Milne Meet Official	Tom Drangmeister, wk: 321-3293 e-mail: tomdrag@comcast.net
Wilson Meet Official	Buddy Robertson, wk: 235-3244 e-mail: jerrilovesdallas@aol.com
Media: Albuquerque Journal	ph: 823.3900 fax: 823.3998
KOB-TV 4	JP Murietta/Lee Faria, ph: 764.2450 fax: 764-2456
KOAT-TV 7	John Salazar, ph: 884.6632, 884.6324 fax: 884-6354
KRQE-TV 13	Van Tate, ph: 767.5277 fax: 842.8483
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2013-2014 TRACK & FIELD MEET TIME SCHEDULE

TIME SCHEDULE

FIELD EVENTS—ALL FINALS

Thursday May 1

- 3:15 PM _____ Equipment Weigh-In
3:45 PM _____ Boys/Girls Shot Put ABCD
3:45 PM _____ Boys/Girls High Jump
3:45 PM _____ Boys/Girls Javelin DCBA
3:45 PM _____ Boys/Girls Long Jump Open Pit

Thursday May 1

PRELIMS

- 3:00 PM _____ Scratch Meeting
3:45 PM _____ 3200 Heat #2 Final
4:05 PM _____ 400 Relay
4:10 PM _____ 100/110 Hurdles
4:20 PM _____ 100 Dash
4:40 PM _____ 3200 Heat #1 Final
5:00 PM _____ 400 Dash
5:20 PM _____ 300 Hurdles
5:40 PM _____ 200 Dash

Best 8 times qualify to finals



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2013-2014 TRACK & FIELD MEET TIME SCHEDULE

TIME SCHEDULE

FIELD EVENTS—ALL FINALS

Friday May 2

- 3:45 PM _____ Boys/Girls Pole Vault
3:45 PM _____ Boys Triple Jump Open Pit
3:45 PM _____ Boys Discus ABCD
5:45 PM _____ Girls Triple Jump Open Pit
5:45 PM _____ Girls Discus ABCD

Friday May 2 FINALS

- 5:00 PM _____ Girls 400 Relay
5:05 PM _____ Boys 400 Relay
5:20 PM _____ Girls 100 Hurdles
5:25 PM _____ Boys 110 Hurdles
5:30 PM _____ Girls 100 Dash
5:35 PM _____ Boys 100 Dash
5:40 PM _____ Girls 1600 Run (2 Heats)
5:55 PM _____ Boys 1600 Run (2 Heats)
6:10 PM _____ Girls 800 Relay (2 Heats)
6:25 PM _____ Boys 800 Relay (2 Heats)
6:40 PM _____ Girls 400 Dash
6:45 PM _____ Boys 400 Dash



2013-2014 TRACK & FIELD MEET TIME SCHEDULE

TIME SCHEDULE

Friday May 2

7:00 PM	_____	Girls 300 Hurdles
7:05 PM	_____	Boys 300 Int. Hurdles
7:15 PM	_____	Girls 800 Run (2 Heats)
7:25 PM	_____	Boys 800 Run (2 Heats)
7:35 PM	_____	Girls Medley Relay
7:50 PM	_____	Boys Medley Relay
8:05 PM	_____	Girls 200 Dash
8:10 PM	_____	Boys 200 Dash
	_____	Break
8:30 PM	_____	Girls 1600 Relay (2 Heats)
8:40 PM	_____	Boys 1600 Relay (2 Heats)



2013-2014 TRACK & FIELD

AWARDS PRESENTATION SCHEDULE

- 4:45 PM _____ 1st call Girls 400 Relay
- Metro Announcements/Presentation of Colors
- 4:50 PM _____ 2nd call Girls 400 Relay
- Public Service PA
 - Public Service PA
- 4:55 PM _____ Final call Girls 400 Relay
- Boys Shot Put Results
 - Girls Shot Put Results
- 5:00 PM _____ Girls 400 Relay
- Boys High Jump Results
 - Girls High Jump Results
- 5:05 PM _____ Boys 400 Relay
- Girls 400 Relay Results
- 5:20 PM _____ Girls 100 Hurdles
- Boys 400 Relay Results
- 5:25 PM _____ Boys 110 High Hurdles
- Girls 100 Hurdle Results
- 5:30 PM _____ Girls 100 Dash
- Boys 110 High Hurdle Results
- 5:35 PM _____ Boys 100 Dash
- Girls 100 Dash Results
- 5:40 PM _____ Girls 1600 Run (2 Heats)
- Boys Javelin Results (During Heat 1)**
 - Girls Javelin Results (During Heat 1)**
 - Boys Long Jump Results (During Heat 2)**
 - Girls Long Jump Results (During Heat 2)**
- 5:55 PM _____ Boys 1600 Run (2 Heats)
- Boys 100 Dash Results (During Heat 1)**
 - Girls 1600 Run Results (During Heat 2)**
- 6:10 PM _____ Girls 800 Relay (2 Heats)
- Boys 1600 Run Results (After Heat 1)
 - Boys Triple Jump Results (After Heat 2)



2013-2014 **TRACK & FIELD**

AWARDS PRESENTATION SCHEDULE

- 6:25 PM _____ Boys 800 Relay (2 Heats)
- Girls 800 Relay Results (After Heat 1)
 - Boys Discus Results (After Heat 2)
- 6:40 PM _____ Girls 400 Dash
- Boys 800 Relay Results
- 6:45 PM _____ Boys 400 Dash
- Girls 400 Dash Results
- 7:00 PM _____ Girls 300 Hurdles
- Boys 400 Dash Results
- 7:05 PM _____ Boys 300 Intermediate Hurdles
- Girls 300 Hurdle Results
- 7:15 PM _____ Girls 800 Run (2 Heats)
- Boys 300 Intermediate Hurdle Results (After Heat 1)
- 7:25 PM _____ Boys 800 Run (2 Heats)
- Girls 800 Run Results (After Heat 1)
- 7:35 PM _____ Girls Medley Relay
- Boys 800 Run Results
 - Girls Triple Jump Results
- 7:50 PM _____ Boys Medley Relay
- Girls Discus Results
 - Girls Medley Relay Results
- 8:05 PM _____ Girls 200 Dash
- Boys Medley Relay Results
- 8:10 PM _____ Boys 200 Dash
- Girls 200 Dash Results
 - Boys 3200 Run Results
 - Girls 3200 Run Results
- 8:30 PM _____ Girls 1600 Relay (2 Heats)
- Boys 200 Dash Results (After Heat 1)
- 8:40 PM _____ Boys 1600 Relay (2 Heats)
- Girls 1600 Relay Results (After Heat 1)
 - Boys 1600 Relay Results (After Conclusion of meet)



2013-2014 TRACK & FIELD AWARDS PRESENTATION SCHEDULE

8:40 PM _____ Boys 1600 Relay (2 Heats)

- Girls Pole Vault Results (After Heat 1)
- Boys Pole Vault Results (After Conclusion of meet)
- Girls 1600 Relay Results (After Conclusion of meet)
- Boys 1600 Relay Results (After Conclusion of meet)

- ERIC GROEBNER MEMORIAL 800 RELAY
- STEVE BAKSA GIRL AWARD WINNER
- STEVE BAKSA BOY AWARD WINNER
- GIRLS TEAM METRO CHAMPION AWARD
- BOYS TEAM METRO CHAMPION AWARD

*****Please remind winning athletes to remain in infield for award presentation between events. We will announce the names of 2nd and 3rd place and have them stand on podium. Champions in each event will receive Gold Medal and Blue T-Shirt. Team champions must have picture taken in Blue T-Shirt with Big Trophy.*****

*****SCHEDULE IS SUBJECT TO CHANGE*****

