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METRO CHAMPIONSHIPS

2013-2014

SWIMMING & DIVING

ALBUQUERQUE

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2013-2014 SWIMMING & DIVING GENERAL INFORMATION

Sport: Boys and Girls Swimming & Diving Meet

Dates: APS Metro Boys Swimming & Diving Championship Meet:
Saturday, January 18, 2014.

APS Metro Girls Swimming & Diving Championship Meet:
Saturday, January 25, 2014.

Site: West Mesa Aquatic Center
6705 Fortuna Rd. NW
Albuquerque, NM 87121

Parking: General parking is located to the north of the aquatic center.

**Directors of
Event:**

Site Director: City of Alb. Pool Manager
Metro Championship Director: Ron Warren
Swimming & Diving Meet Director: Vince Sanchez

Admissions: General admission to both championship events is complimentary and free to spectators and students.

APS Passes: All APS issued passes and punch cards will be valid for this tournament.

Teams:

Albuquerque	Cibola	Del Norte	Eldorado
Highland	Bosque	La Cueva	Cleveland
Manzano	Rio Rancho	Rio Grande	Sandia
Atrisco Heritage	Valley	Volcano Vista	West Mesa

Note: *The information below applies for both meets. Also, please take notice that in an attempt to provide all coaches, athletes and the teams they belong to with an opportunity to represent and support their team collectively throughout all twelve events, diving has been scheduled to take place on the same day as all other events. Please encourage your teams to contribute to the athletic atmosphere by being present throughout all of the events to cheer on their teammates!*

Diving: Location: West Mesa Aquatic Center
11 Dive Competition
7:00am Warm-Up
8:00am Competition Start
Coaches must bring four copies of each athlete's dive sheets to the meet. Changes may be made up to one hour before the start of competition. The diving referee will check the sheets for any errors before the start of competition.



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Swimming:

Location: West Mesa Aquatic Center

9:15am there will be a mandatory coaches meeting in the garage area next to the timing room. **All head coaches must attend.**

9:30am Warm-Up begins.

10:00am the competition pool will be opened for one way racing starts. This means athletes may dive in and swim to the end and exit, no return swimming. The other end of the facility will be available for circle swimming.

10:15am the competition pool will close for Warm-Ups.

10:45am competition begins. The area of the pool not used for competition will be available for warm-up and warm-down during the meet.

Athletes must enter this area feet first, **NO DIVING**. There will be a 15 minute break between the 50 Free and the 100 Fly.

Entries:

Each team may enter three (3) swimmers/divers per event and two (2) relay teams per relay event. Each swimmer/diver may enter a maximum of four (4) events, no more than two (2) of which may be individual events. Entries must be submitted as a zip file from HyTek Team Manager Software. Actual times must be used, not "goal times". Scratches will be made during the scratch portion of the coaches meeting to the Championship Meet Director, Vince Sanchez.

You may replace a swimmer in an individual event in case of illness or injury prior to the meet starting, however the meet will not be reseeded. Replacement swimmers may not be pulled out of their original event to replace a swimmer in another event.

Entries for both meets must be submitted to Vince Sanchez by 12:00pm on the Thursday prior to each meet.

Vince Sanchez:

Cell: 505.321.5520

Daytime: (McKinley Middle School) 505.881.9290 (ext. 52020)

McKinley Fax: 505.880.3968

Email: VRS1650@aol.com

Boys Deadline: Thursday, January 16, 2014

Girls Deadline: Thursday, January 23, 2014

Format:

Swimmers will be pre-seeded according to time on entry form. Athletes will need to report directly to the blocks, no picking up cards at the clerk of course. The meet referee will distribute relay cards to the blocks. The meet will be run in accordance to the National Federation High School Format. Colorado touch pads and HyTek Meet Manager will be used.

Relay Cards:

The 200 Medley Relay cards must be turned in immediately after the coaches meeting. The 200 Freestyle Relay cards are due by the end of the 50 Freestyle, and the 400 Freestyle Relay cards are due by the end of the 500 Freestyle. All cards must be turned into the meet referee; Failure to do so will result in the disqualification of your relays. Relay cards must have first and last names filled out, initials are NOT allowed. The order of athletes on the relay cards will be the order of the swim.



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Scoring: Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 13, 12, 10, 8, 6, 4, 2

Awards: Participation awards will be given to each team at the coaches meeting.

Metro Championship Individual Medals will be awarded to first place finishers in each event. Blue Championship T-shirts will also be awarded to winning individuals.

Metro Championship Travelling Trophy will be awarded to the girls champion and the boys champion immediately following their respective championship meet. Blue Championship T-shirts will also be awarded to winning teams following their respective championship meets.

**Award
Presentation:**

The award presentation will take place immediately after the completion of the 400 Freestyle Relay. It is the expectation of the APS Athletic Department that **all teams and coaches** will remain present for the duration of the award presentation demonstrating the values of "Sportsmanship. It's Up To You" and the APS Athletic and Activity Code of Conduct.

Individual medals and Championship T-shirts will be presented first. Athletes and their head coach should be prepared to take a photo upon receiving their award.

Team trophy and Championship T-shirts will be awarded after the individual awards. Championship Team participants and coach should be prepared to take a photo upon receiving the Team trophy.

Team Rules:

Please be reminded to have your athletes and spectators clean up their areas when the meet is over. Discuss with your teams the use of body paint and keeping it out of the West Mesa Aquatic Center locker rooms. The West Mesa Aquatic Center sound system will not be used by any teams for any events or entrances during the meet.

Seating:

The northwest corner of the seating area directly in front of the competition pool will be reserved for spectator seating. Teams may sit in the area in front of the warm-up pool in the northeast corner of the seating area.

Information:

A psych sheet and heat sheet will be emailed to coaches the Friday before each meet.



2013-2014 **SWIMMING & DIVING** **GENERAL INFORMATION**

Hospitality

Room:

Hospitality room for all coaches, officials and administrators will be provided at the West Mesa Aquatic Center for both championship meets. Food and drinks will be provided by Dion's and Pepsi and the La Cueva High School Swim Boosters. Location will be posted at site.

Contact

Information:

Metro Championship Director

Ron Warren, wk: 878.6169

e-mail: warren_r@aps.edu

Swimming & Diving Meet Director

Vince Sanchez, wk: 881.9390

Cell: 321.5520

Fax: 880.3968

e-mail: VRS1650@aol.com

Media: Albuquerque Journal
KOB-TV 4

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